



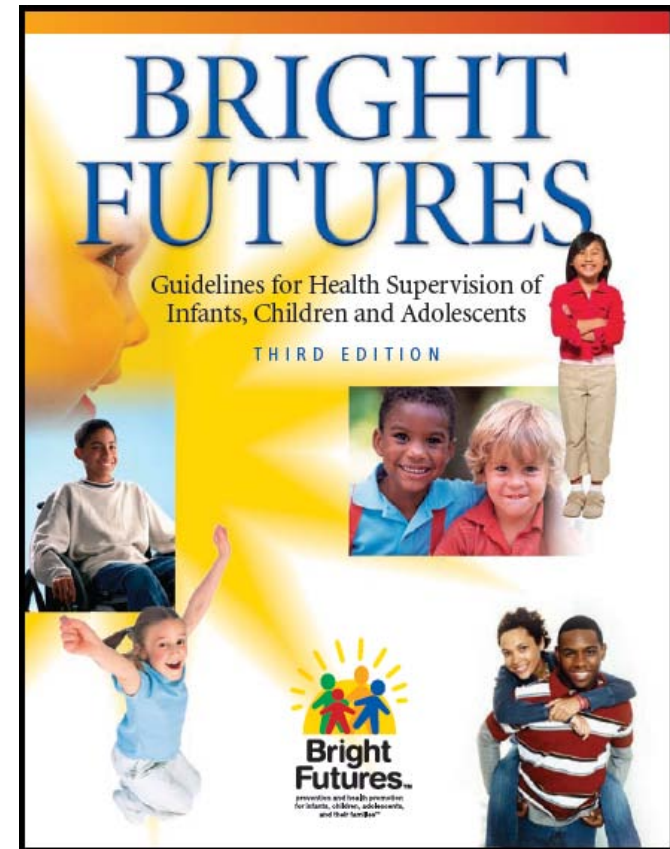
Promoting Wellness and Preventing Family Violence: *Bright Futures* and the ACA

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What is Bright Futures?

Bright Futures is a national health promotion and disease prevention initiative that addresses children's health needs in the context of family and community. In addition to use in pediatric practice, many states implement Bright Futures principles, guidelines and tools to strengthen the connections between state and local programs, pediatric primary care, families, and local communities. Whether you are a health care or public health professional, a parent, or a child advocate, Bright Futures offers many different resources for your use in improving and maintaining the health of all children and adolescents.





Violence Prevention in Bright Futures

- Included in key themes
 - Promoting Family Support
 - Promoting Mental Health
 - Promoting Healthy Sexual Development and Sexuality
 - Promoting Safety and Injury Prevention



Violence Prevention in Bright Futures

- Infused throughout the well child visits
 - Family dynamics
 - Crying, fussiness, tantrums
 - Discipline
 - Mental health
 - Substance abuse
 - Bullying
 - Relationships, dating violence



Bright Futures in the ACA

- **Patient Protection and Affordable Care Act (ACA) sought to shift focus of the health care system from “sick care” to wellness and prevention.**
- **For clinical care, initial focus was solely on recommendations of the U.S. Preventive Services Task Force (USPSTF).**
- **AAP educated Congress about children’s need for comprehensive well child care, as contained in Bright Futures.**



Bright Futures in the ACA

Senate HELP Committee crafted Sec. 2713 of the ACA:

- SEC. 2713. COVERAGE OF PREVENTIVE HEALTH SERVICES.** “(a) IN GENERAL.—A group health plan and a health insurance issuer offering group or individual health insurance coverage shall, at a minimum provide coverage for and shall not impose any cost sharing requirements for—
- (1) evidence-based items or services that have in effect a rating of ‘A’ or ‘B’ in the current recommendations of the United States Preventive Services Task Force;
 - (2) immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention with respect to the individual involved; and
 - (3) with respect to infants, children, and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration.**
 - (4) with respect to women, such additional preventive care and screenings not described in paragraph (1) as provided for in comprehensive guidelines supported by the Health Resources and Services Administration for purposes of this paragraph.



Bright Futures in the ACA -- Implementation

- **AAP submitted extensive comments on the July 2010 Interim Final Rules**
 - Over 30 organizations signed onto similar letter
- **Conversations are continuing with HHS and Congress**
- **Dialogue is ongoing with the insurer community**
- **Pushing to extend the guarantee to Medicaid**



Other Bright Futures Initiatives

- **AAP is engaged with the IOM's Committee on Preventive Services for Women.**
 - Presentation 11/10 on using Bright Futures as a model for their work
 - Presentation 1/11 on the preventive health needs in adolescent and maternal health
- **For numerous other initiatives, see <http://brightfutures.aap.org/>**